



## OSHA 10 Hour Construction

### Course Description



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### Learning Objectives:

- Introduction to OSHA
- Electrical Safety/Control of Hazardous Energies
- Fall Protection
- Scaffolds
- Cranes and Rigging
- Trenching and Excavations
- Fire Prevention
- Permit-Required Confined Space Entry
- Materials Handling
- Power Tool Use and Guarding
- Stairways and Ladders

### Features & Benefits:

A convenient way to obtain your OSHA 10 Hour card Flexible, self-paced program allows employees to start and stop the course as needed. Internet access eliminates travel time and expenses. Easy to use program – little or no computer experience needed. Developed by leaders in online safety training ensures you're receiving the best training available. The OSHA 10 Hour course has been taken by thousands of construction workers. Its simply the easiest way to complete your training and earn your OSHA 10 Hour requirement.

### Table of Contents

- Module 1 - OSHA 10 Introduction V3
  - Module 2 - OSHA 10 Electrical Hazards V3
  - Module 3 - OSHA 10 Fall Protection V3
  - Module 4 - OSHA 10 Cranes V3
  - Module 5 - OSHA 10 Excavation Safety V3
  - Module 6 - OSHA 10 Materials Handling V3
  - Module 7 - OSHA 10 Personal Protective Equipment V3
  - Module 8 - OSHA 10 Scaffolds V3
  - Module 9 - OSHA 10 Stairs and Ladders V3
  - Module 10 - OSHA 10 Construction Health Hazards V3
- Final Exam