



## OSHA 30 Hour Construction

### Course Description



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## OSHA 30 Hour Construction

### Learning Objectives:

- Introduction to OSHA
- Contractor's Safety/Health Program
- Reporting and Record Keeping
- Electrical Hazards
- Fall Protection
- Materials Handling
- Cranes and Rigging
- Motorized Mobile Platforms
- The Competent Person
- Excavations
- Work Zone Traffic Control
- Forklift Hazards
- Stairs and Ladders
- Concrete and Masonry
- Confined Space Entry
- Subpart R- Steel Erection
- Hand and Power Tools
- Fire Prevention
- Welding and Hot Work
- Personal Protective Equipment
- Signs, Signals and Barricades
- Subpart C
- Subpart D
- Scaffolding

### Features & Benefits:

A convenient way to obtain your OSHA 30 Hour card. Flexible, self-paced program allows employees to start and stop the course as needed. Internet access eliminates travel time and expenses. Easy to use program – little or no computer experience needed. Developed by leaders in online safety training ensures you're receiving the best training available. The OSHA 30 Hour course has been taken by thousands of construction workers. Its simply the easiest way to complete your training and earn your OSHA 30 Hour requirement.

### Table of Contents

- Module 1 - OSHA 30 Course Introduction V2
- Module 2 - OSHA 30 Electrical Hazards V2
- Module 3 - OSHA 30 Fall Protection V2
- Module 4 - OSHA 30 Materials Handling V2
- Module 5 - OSHA 30 Cranes and Rigging V2
- Module 6 - OSHA 30 Scaffolding V2



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### Table of Contents Cont'd

Module 7 - OSHA 30 Excavations V2

Module 8 - OSHA 30 Personal Protective Equipment V2

Module 9 - OSHA 30 Stairs and Ladders V2

Module 10 - OSHA 30 Motorized Mobile Platforms V2

Module 11 - OSHA 30 The Competent Person V2

Module 12 - OSHA 30 Workzone Traffic Control V2

Module 13 - OSHA 30 Forklift Hazards V2

Module 14 - OSHA 30 Concrete and Masonry V2

Module 15 - OSHA 30 Confined Space Entry V2

Module 16 - OSHA 30 Subpart R Steel Erection V2

Module 17 - OSHA 30 Hand and Powertools V2

Module 18 - OSHA 30 Fire Prevention V2

Module 19 - OSHA 30 Welding and Hot Work V2

Module 20 - OSHA 30 Signs, Signals and Barricades V2

Module 21 - OSHA 30 Subpart C V2

Module 22 - OSHA 30 Subpart D V2

Module 23 - OSHA 30 Reporting and Recordkeeping V2

Module 24 - OSHA 30 Contractor's Safety/Health Program V2

Final Exam