



## Ladder Safety Training

### Course Description



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## Ladder Safety Training (29 CFR 1926.1050)

### Introduction

In compliance with the Occupational Safety and Health Administration (OSHA) 29 CFR 1926.1050 regulations, this training is required for workers who work at elevations and their foremen/managers. This course is also eligible for .08 Continuance of Certification (COC) points from the Board of Certified Safety Professionals. This course teaches employees to use ladder safety systems in general settings.

While this training course is very comprehensive, we highly recommend that additional site-specific training be taken for certain hazardous materials that may be encountered at different sites.

### Table of Contents

Module 1 - Ladder Safety, Types of Ladders and Inspection

Module 2 - Setting Up Ladders

Module 3 - Ladder Safety Basics

Module 4 - OSHA Requirements for Ladders in Use

Module 5 - Ladder Safety Use

Module 6 - Stairways and Ladders

Module 7 - Final Exam