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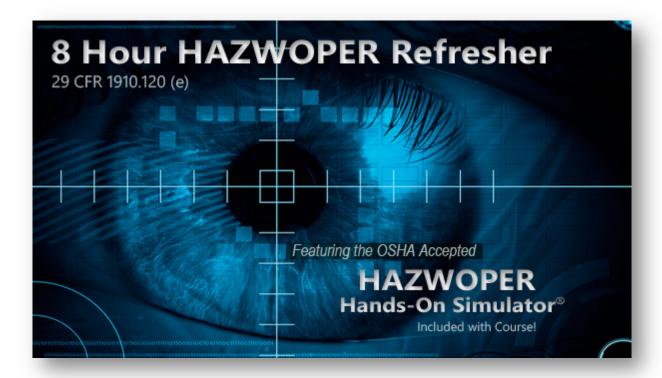
The Official Site of Environmental Health & Safety Training®

# 8 Hour HAZWOPER Refresher

29 CFR 1910.120 (e)

Course Description

2018



This course features the exclusive OSHA accepted HAZWOPER Hands-on Simulator®. The simulator offers a stunning 3D environment for the proper donning and doffing of personal protective equipment (PPE).

### Cost: \$125.00 per person

Group discounts available (3 or more people). Please email or call us at 1.888.877.7130 for a quote. Price match guarantee! Must be OSHA compliant and same quality course.

#### **Course Features**

- Includes 14 full length videos
- HAZWOPER Hands-on Simulator® (OSHA Accepted)
- Over 75 interactive flash animations
- Approximately 52 modules
- Award winning content CEU's
- Self grading quizzes and final exam
- OSHA Study Timer (tracks your study time login and logout at your convenience)
- Certificate of Completion (3 certificates) e-cert, 8x10 and wallet card (instant download of e-certificate upon course completion)
- HAZWOPER course access for 1 year from the time of registration
- Free registration into the National Repository® (download your certificates at anytime in the future)

# **Course Description**

In compliance with OSHA 29 CFR 1910.120 (e) regulations, (HAZWOPER regulations) this 8 hour annual refresher training is for individuals who have already taken the 40 hour or 24 hour HAZWOPER training. Upon successful completion of the course, students will receive a certificate of completion accepted by regulatory agencies. Students will be allowed to proceed at their own pace in this interactive program. Students must complete a minimum of 8 hours of study time in order to satisfy the 8 hour HAZWOPER re-certification requirement.

Along the way there are self grading quizzes, interactive exercises, full length videos and a self grading final exam. The quizzes can be taken as many times as needed, and the final exam can be taken a maximum of 3 times. Once a person satisfactorily completes the course, an e-certificate is immediately sent to them via email. The original certificates (8x10 and wallet card size) arrive in the U.S. mail.



Aesthetically pleasing course layout that is user friendly. Professional voice-overs, animations and high definition photographs. Self-grading guizzes and final exam.

General site workers (such as equipment operators, general laborers, and supervisory personnel) engaged in hazardous substance clean up and removal which will expose or potentially expose workers to hazardous substances and health hazards shall receive a minimum of 8 hours of re-certification instruction on an annual basis.

### **Course Overview**

In compliance with the Occupational Safety and Health Administration (OSHA) regulation 29 CFR 1910.120 (e), the 8 hour training is to re-certify individuals who have a role in Hazardous Waste Operations and Emergency Response (HAZWOPER) operations. This training course offers 8 hours of on-line instruction. The course is a combination of: webbased instruction interactive exercises, audio narration of text, videos, animations, self-grading quizzes, and a final exam. Our OSHA Study Timer is also used to comply with the 8 hour HAZWOPER training requirement. A student cannot take the final exam until this time requirement is met. Once a student successfully completes the training, an e-certificate will be issued and the original certificates (8x10 and wallet card size) will be mailed.

This course features our exclusive **OSHA accepted** HAZWOPER Hands-on Simulator and is divided into 52 short modules.

While this training course is very comprehensive, additional site-specific training must be taken for certain hazardous materials/environments that may be encountered at different sites. This is an employer obligation.

Group discounts available (3 or more people). Please email or call us at 1.888.877.7130 for a quote. Price Match Guarantee! We match any competitor's price for the same course even though the quality of the course may be vastly different. You may find less expensive online courses but they cannot fulfill the OSHA hands-on requirement without a simulator or other means. We are the only company today with an OSHA accepted online simulator. Course includes Free Study Guide!

# Support

Includes 24/7 **U.S. Based** support. An experienced and highly qualified HAZWOPER instructor is available to you throughout the training process. Our toll free hotline or email will allow access to some of the finest instructors in the U.S.

#### **Duration**

#### 8 hours (OSHA 8 Hour HAZWOPER Training

**Requirement)** Note: OSHA requires the 8 hour course will take a minimum of 8 hours of actual study time. Anything less will not comply with the OSHA standard. Our course allows you to login and logout at any time increment in order to fit your schedule. When you logout, the course will be bookmarked so you can begin where you left off. The study timer will also accrue your time and will begin where you left off in the course.

# **Continuing Education Units (CEU's)**

This 8 hour HAZWOPER course has been awarded 1.34 Industrial Hygiene CM Points by the American Board of Industrial Hygiene (ABIH) - approval number 13334. This course is eligible for .66 Continuance of Certification (COC) points from the Board of Certified Safety Professionals (BCSP).

# **Prerequisites**

24 or 40 Hour HAZWOPER Course – 29 CFR 1910.120 (e)

#### **Table of Contents**

**Module 1: Regulatory Overview** 

EPA OSHA Levels of Trainir

Levels of Training

Module 2: Roles and Responsibilities Part 1

Organizational Structure Essential Personnel Health and Safety Plan (HASP)

Module 3: Roles and Responsibilities Part 2

Optional Personnel Lines of Authority

Module 4: Hazard Recognition (Overview)

Injury Prevention
Boiling Point, Vapor Pressure, Vapor Density, pH,
Flashpoint
Oxidizers
Lower/Upper Explosive Limits
Flammability
Fire Triangle
SDS

"Overall I thought your 8 Hour HAZWOPER Refresher was very good..."

J. Staples, OSHA

#### **Module 5: Hazard Recognition Part 1**

NFPA Requirements
Job Hazard Analysis
Defining Risk
Chemical Hazard Identification Systems
NFPA 704 System
DOT Labels and Placards
Ionizing Radiation

# Module 6: Hazard Recognition Part 2

Chemical and Physical Hazards Fires and Explosions Combustibles Shock Sensitive Oxygen Deficiency

#### Module 7: Hazard Recognition Part 3

Site and Equipment Hazards Noise Heat Stress Heat Stroke Cold Stress

#### Module 8: Hazard Recognition Part 4

Infectious Diseases (Bloodborne Pathogens, HIV, HBV) Sanitation Illumination Lockout/Tagout

#### Module 9: Toxicology Part 1

Chemical Classification
Toxicology
Routes of Exposure and Dose
Interaction with Other Chemicals Dust, Fumes, Mists
and Vapors

#### Module 10: Toxicology Part 2

Toxicokinetics Metabolism Classes of Chemical Toxins Dose to Organs

#### Module 11: Toxicology Part 3

Dose and Response Storage in the Body Chronic Response Toxic Chemical Interaction Dose/Response OSHA Exposure Limits

# Module 12: Placards and Labeling

NFPA Hazardous System Identification DOT Placards

#### **Module 13: Respiratory Protection Part 1**

Respirator Protection Program Respirator Types Selection of Respiratory Equipment

# Module 14: Respiratory Protection Part 2

Air-purifying Respirators Combination Canisters and Cartridges Types of APR Face Pieces

# **Module 15: Respiratory Protection Part 3**

Supplied Air Respirators (SAR) Self Contained Breathing Apparatus (SCBA) Combination SCBA/SAR

#### Module 16: Respiratory Protection Part 4

Chemical Concentration
Protection Factors
Calculating Protection Factors

#### Module 17: Respiratory Protection Part 5

Respirator Fit Test (Quantitative and Qualitative)
Respiratory Maintenance
Types of Respirator Canisters
How Respirators Work
Positive and Negative Pressure Fit Test
Respirator Limits
Cleaning, Maintenance and Storage

#### **Module 18: Personal Protection Equipment (PPE)**

**Part 1** Clothing and Ensembles Developing a PPE Program Training Program Review and Evaluation

#### **Module 19: Personal Protection Equipment (PPE)**

Part 2 Level A Level B Level C

Level D

Selecting the level of protection



# Module 20: Personal Protection Equipment (PPE) Part 3

Protective Clothing
Inspection and Maintenance of Protective Clothing
Selection of Chemical Protective Clothing
Permeation and Degradation
Work Mission Duration

# Module 21: Personal Protection Equipment (PPE) Part 4

Considerations for working in PPE Air Supply Consumption Coolant Supply Accessories Special Considerations

# Module 22: Personal Protection Equipment (PPE) Part 5

Reasons to Upgrade/Downgrade PPE PPE Inspection Program Proper Storage PPE Before Use Inspection

# Module 23: Personal Protection Equipment (PPE) Part 6

In-use Monitoring
Donning and Doffing
Clothing Reuse
Heat Stress and Monitoring
Heat Rash
Heat Cramps
Heat Stroke

# Module 24: Personal Protection Equipment (PPE) Part 7

Hand Protection
General Requirements of the OSHA Standard
Eye and Face Protection

Selection of Eye and Face Protection Head Protection Foot Protection

**Module 25: HAZWOPER Site Control** 

Site Map Site Preparation

Module 26: HAZWOPER Site Zones

Site Zones Explained Establishing the Hot Line The Buddy System

**Module 27: HAZWOPER Support Zones** 

Site Security Communication Systems

**Module 28: Decontamination Part 1** 

Decon Plan and Procedures Standard Operating Procedures Maximizing Worker Protection from Hazardous Wastes Proper Dress Out Procedures Levels of Contamination

Module 29: Decontamination Part 2

Personal Decon Station
Extent of Decon Required
Types of Contamination
Amount of Contamination
Levels of Protection

Module 30: Decontamination Part 3

Decon of Personnel and Equipment Decon During Medical Emergencies Physical Injury Heat Stress

Module 31: Decontamination Part 4

Protection for Decon Workers
Decon Procedures
Chemical and Physical Removal of Contamination

Module 32: Decontamination Part 5

Persistent Contamination
What if Decon procedure has not worked?
Lab Testing Articles
Fundamentals that Affect Permeation of Protective
Clothing
Substance and Tools for Effective Decontamination

Module 33: Handling Drums Part 1

Planning and Inspection Handling Drums Drum Handling Chart

Module 34: Handling Drums Part 2

Opening Drums and Incompatibilities
Other Containers and Incompatible Chemicals
Explosive and Shock Sensitive Wastes
Bulging Drums
Lab Packs



Leaking, Open and Deteriorated Drums Buried Drums

Module 35: Handling Drums Part 3

Sampling and Staging Drum Sampling Bulking Shipping

Module 36: Hazardous Materials Sampling Part 1

Sampling Plan Hazardous Materials Sampling Sample Collection and Documentation

Module 37: Hazardous Materials Sampling Part 2 Soil, Surface Water and Groundwater Sampling

Types of Sampling Equipment

**Module 38: Confined Spaces** 

Key Occupational Roles Safety Attendant Authorized Entrant Emergency Rescue Team Training

Module 39: What is a Confined Space?

Confined Space Fatalities Types of Confined Spaces Specific Confined Space Hazards

**Module 40: Confined Space Injury Prevention** 

Injury Prevention
Causes of Fatalities

Module 41: Air Monitoring Part 1

Requirements for Air Monitoring Devices Sampling Methods Air Monitoring Equipment Characteristics

Module 42: Air Monitoring Part 2
Types of Direct Reading Instruments

Calibration
Toxic Atmosphere Monitors

#### Module 43: Air Monitoring Part 3

Types of Direct Reading Instruments Cont'd Photoionization Detector (PID) Flame Ionization Detector (FID) Radiation Monitors OSHA Action Levels

#### Module 44: Air Monitoring Part 4

Active and Passive Sampling Equipment Personal Monitors Radiation Dosimeters Calibration Personal Sampling Plan

#### Module 45: Air Monitoring Part 5

OSHA Exposure Limits
Measuring Particles, Gases and Vapors
Permissible Exposure Limit (PEL)
Time Weighted Averages (TWA)
Calculating TWAs

### Module 46: Medical Surveillance Part 1

Information for Medical Program
Develop a Site Specific Medical Program

#### Module 47: Medical Surveillance Part 2

Medical Examination Periodic Medical Monitoring Examination After Injury Termination Exam

#### Module 48: Site Characterization Part 1

Offsite Characterization and Records Search Information Sources Interviews Perimeter Reconnaissance On-site Survey

#### Module 49: Site Characterization Part 2

Protection of Entry Team and Documentation Entry Team Monitoring and Hazard Assessment Document Control

#### Module 50: Site Emergencies Part 1

Planning and Personnel Site Emergencies How Teams assist in Emergencies Roles of Personnel During Emergencies

#### Module 51: Site Emergencies Part 2

Communications Safe Distances and Site Mapping Safe Refuge Public Evacuations

### Module 52: Site Emergencies Part 3

Evacuations and Emergency Decontamination Personal Locator Systems



Evacuation Routes and Procedures First Aid/Medical Treatment

**HAZWOPER Hands-On Simulator** 

**Final Exam**